

## Gabapentin Regime in Headache

USE: Prevention of facial pain, migraine and neuropathic pain.

DOSAGE: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 1200mg three times daily or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

### **Dosage Schedule**

	MORNING	MIDDAY	EVENING
For 7 days take:	<b>100 mg</b>		<b>100 mg</b>
For 7 days take:	<b>100 mg</b>	<b>100 mg</b>	<b>100 mg</b>
For 7 days take:	<b>200 mg</b>	<b>200 mg</b>	<b>200 mg</b>
For 7 days take:	<b>300 mg</b>	<b>300 mg</b>	<b>300mg</b>
For 7 days take:	<b>400 mg</b>	<b>400 mg</b>	<b>400 mg</b>
For 7 days take:	<b>500 mg</b>	<b>500 mg</b>	<b>500 mg</b>
For 7 days take:	<b>600 mg</b>	<b>600 mg</b>	<b>600 mg</b>
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For 7 days take:	<b>1000 mg</b>	<b>1000 mg</b>	<b>1000 mg</b>
For 7 days take:	<b>1100 mg</b>	<b>1100 mg</b>	<b>1100 mg</b>
Thereafter take:	<b>1200 mg</b>	<b>1200 mg</b>	<b>1200 mg</b>

### **Common side-effects:**

- Dizziness, somnolence, peripheral oedema, diarrhoea, vomiting
- Dry mouth, nausea, constipation, ataxia, fatigue and weight gain.

Do not stop taking Gabapentin unless your doctor tells you to. If your treatment is stopped it should be done gradually.