

## Lamotrigine Regime in Headache

USE: Prevention of various headache and facial pain syndromes including trigeminal neuralgia, trigeminal neuropathy, SUNCT/SUNA and some forms of migraine

DOSAGE: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 200mgs twice daily or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

### **Dosage Schedule**

	MORNING	EVENING
For 14 days take:		<b>25 mg</b>
For 14 days take:	<b>25 mg</b>	<b>25 mg</b>
For 14 days take:	<b>50 mg</b>	<b>50 mg</b>
For 14 days take:	<b>75 mg</b>	<b>75 mg</b>
For 14 days take:	<b>100 mg</b>	<b>100 mg</b>
For 14 days take:	<b>125 mg</b>	<b>125 mg</b>
For 14 days take:	<b>150 mg</b>	<b>150 mg</b>
For 14 days take:	<b>175 mg</b>	<b>175 mg</b>
Thereafter take:	<b>200 mg</b>	<b>200 mg</b>

### **Common side-effects:**

- Nausea, vomiting, diarrhoea, dizziness, somnolence
- Double vision, blurred vision, pharyngitis and rhinitis
- Incoordination, poor balance (ataxia), insomnia
- Serious rashes requiring hospitalization and discontinuation of treatment [incidence of these rashes is approximately 0.3 % (3 per 1000)].