

Propranolol Regime in Headache

USE: Prevention of Migraine.

DOSAGE: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 80mg twice a day or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

Dosage Schedule

	MORNING	EVENING
For 2 weeks take:		20 mg
For 2 weeks take:	20 mg	20 mg
For 2 weeks take:	20 mg	40 mg
For 2 weeks take:	40 mg	40 mg
For 2 weeks take:	40 mg	80 mg
Thereafter take:	80 mg	80 mg

Common side-effects:

- Slow heart rate (bradycardia)
- Low blood pressure (hypotension)
- Depression, fatigue, vivid dreams, emotional lability
- Fatigue, nausea, diarrhoea, and constipation.

Contraindicatons:

This drug is contraindicated for patents who have asthma and Raynaud's disease.