1. In the area where you have pain, do you also have ‘pins and needles’, tingling or prickly sensations?
   I don’t have any pain!
   NO – I don’t get these sensations ☐
   YES - I get these sensations often ☐

2. Does the painful area change color (perhaps look more mottled or more red) when the pain is particularly bad?
   NO - The pain does not affect the color of my gum around the tooth or other areas of my mouth. ☐
   YES - I’ve noticed that the pain does make my gum or mouth look different from normal ☐

3. Does your pain make the affected tooth, gum or mouth region abnormally sensitive to touch? Getting unpleasant sensations when lightly stroking the tooth, gum or mouth region, or getting pain when food touches that area inside your mouth might describe the abnormal sensitivity.
   NO - My pain doesn’t make my tooth, gum or mouth abnormally sensitive in that area ☐
   YES - My tooth, gum or mouth seems abnormally sensitive to touch in that area ☐

4a. Does your pain come on suddenly and in bursts for no apparent reason when you’re still? Words like electric shock, jumping and bursting describe these sensations.
   NO - My pain doesn’t really feel like this ☐
   YES - I get these sensations quite a lot ☐

4b. On about how many days have you had tooth, gum or mouth pain in the past 6 months? (Every day = 180 days) ___no pain____

5. In the area where you have pain, does this region feel as if the temperature in the painful area has changed abnormally? Words like hot and burning describe these sensations.
   NO - I don’t really get these sensations ☐
   YES - I get these sensations quite a lot ☐

6. Gently rub the painful area with your index finger and then rub a non-painful area (for example, an area of gum tissue on the opposite side of your mouth). How does the rubbing feel in the painful area?
   The painful area feels no different from the non-painful area. ☐
   I feel discomfort, like pins and needles, tingling or burning in the painful area that is different from the non-painful area. ☐

7. Gently press on the painful area with your finger tip then gently press in the same way onto a non-painful area (the same non-painful area that you chose in the last question). How does this feel in the painful area?
   The painful area does not feel different from the non-painful area. ☐
I feel numbness or tenderness in the painful area that is different from the non-painful area. ☐