Baclofen Regime in Headache

<u>USE</u>: Prevention of facial pain and other headache disorders

<u>DOSAGE</u>: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 30mgs three times daily or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

Dosage Schedule

	MORNING	MIDDAY	EVENING
For 7 days take:	5 mg		5 mg
For 7 days take:	5 mg	5 mg	5 mg
For 7 days take:	10 mg	10 mg	10 mg
For 7 days take:	15 mg	15 mg	15 mg
For 7 days take:	20 mg	20 mg	20 mg
For 7 days take:	25 mg	25 mg	25 mg
Thereafter take:	30 mg	30 mg	30 mg

Common side-effects:

- Nausea, vomiting, diarrhoea
- Fatigue, weakness
- Dizziness, drowsiness, insomnia