Oxcarbazepine Regime in Headache and Facial Pain Syndromes

<u>USE</u>: Prevention of facial pain and other headache disorders including trigeminal neuralgia, trigeminal neuropathy and SUNCT/SUNA.

<u>DOSAGE</u>: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 1500mgs twice daily or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

Dosage Schedule

	MORNING	MIDDAY	AFTERNOON	NIGHT TIME
For 7 days take:	150 mg			150 mg
For 7 days take:	150 mg		150 mg	150 mg
For 7 days take:	150 mg		150 mg	300 mg
For 7 days take:	300 mg		150 mg	300 mg
For 7 days take:	300 mg		300 mg	300 mg
For 7 days take:	300 mg	300 mg	300 mg	300 mg
Thereafter take:	300 mg	300 mg	300 mg	600 mg

Common side-effects:

- Hyponatremia (low sodium level in the blood)
- Nausea, vomiting, weakness, thirst, loss of appetite
- Confusion, hallucinations, muscle pain and weakness
- Abdominal pain, dizziness, somnolence, double vision, fatigue and rash.

Do not stop taking Oxcarbazepine unless your doctor tells you to. If your treatment is stopped it should be done gradually.