

Pregabalin Regime in Headache

USE: Prevention of facial pain, migraine and neuropathic pain.

DOSAGE: the dose has to be increased gradually as given below. Continue increasing the dose until it is effective at suppressing your headaches/facial pain or you reach the maximum dose of 600mgs daily or you develop side effects.

If you start to get any side effects please let your General Practitioner or Neurologist know as soon as possible.

Dosage Schedule

	MORNING	EVENING
For 7 days take:		25 mg
For 7 days take:	25 mg	25 mg
For 7 days take:	50 mg	50 mg
For 7 days take:	75 mg	75 mg
For 7 days take:	100 mg	100 mg
For 7 days take:	150 mg	150 mg
For 7 days take:	200 mg	200 mg
For 7 days take:	250 mg	250 mg
Thereafter take:	300 mg	300 mg

Common side-effects:

- Dizziness, somnolence, fatigue, slow thinking, weight gain
- Increased appetite, dry mouth, constipation, swelling of ankles
- Double vision, blurred vision, poor balance and joint pains

Do not stop taking Pregabalin unless your doctor tells you to. If your treatment is stopped it should be done gradually.